



MOKHTASS
مختص لاستشارات و البحوث

Mokhtas for Consulting and Research

Because major decisions require more precise consultations
Towards scientific solutions that make a difference





Who We Are

Mokhtas for Consulting and Research is a Qatari company specialized in administrative and educational consulting, academic research and studies, and multi-sector research and development, with a particular focus on social and humanitarian fields.

We provide practical, data-driven scientific solutions that help educational institutions, government entities, and community organizations enhance performance, support decision-making, and build capacities.



Our Vision

To be the leading national reference in Qatar and the region in providing innovative consulting and research that create a tangible impact on individuals, institutions, and society



Our Mission

We are committed to providing high-quality professional consulting services grounded in scientific knowledge and applied research, responding to our clients' needs through a deep understanding of the local context and Qatari identity, and guided by a spirit of partnership and continuous innovation.



Professionalism

1

We are committed to the highest standards of quality and professional ethics.

2

Innovation

We constantly seek new ways to analyze problems and create solutions.

3

Reliability

We build our relationships on trust and transparency with our clients.

4

Excellence

We believe that every project is an opportunity to make a real difference.

5

Social Impact

We place people and society at the heart of every project we undertake.



Our Services

We offer a wide range of integrated services including:

In the Educational and Pedagogical Field:

1

Educational Consulting for Students and Parents:

- Supporting students in overcoming behavioral or psychological challenges related to learning
- Helping parents understand their children's educational and developmental needs
- Providing solutions for learning delays, low motivation, distraction, and academic anxiety
- Developing time management skills, effective learning strategies and healthy study habits
- Individual guidance sessions aimed at behavior modification, enhancing mental health, and academic success



2

Academic Guidance and Educational Planning for Individuals

- Guiding students in choosing appropriate majors and academic pathways
- Supporting high school and university students in making informed educational decisions
- Providing guidance for those seeking to pursue postgraduate studies (Master's and PhD)
- Preparing individualized study plans to improve academic performance





3

Consulting for Educational Institutions

- Curriculum and Educational Program Development and Evaluation
- Building Effective Systems for Assessing Learning Outcomes
- Supporting educational institutions in preparing improvement plans and ensuring academic quality





4

Supervision and guidance in research preparation aimed at directing students in

- Assisting in selecting a research topic and defining the research problem
- Formulating hypotheses or research questions in a scientific and precise manner
- Designing the theoretical framework and literature review according to academic standards
- Preparing questionnaires, interviews, and scientific measures while ensuring their validity and reliability
- Analyzing quantitative data using statistical software
- Analyzing qualitative data (interviews and observations) in a systematic manner



- Supporting researchers in preparing high-quality research proposals
- Drafting the introduction, methodology, results, and discussion
- Editing texts academically according to APA standards
- Supporting proper referencing and citation of sources
- Professional linguistic and academic proofreading for theses and dissertations (Master's/PhD).
- Ensuring coherence of ideas and integrity of the research structure



5

Scientific Publishing Services

- Assisting in preparing research for publication in peer-reviewed scientific journals
- Formatting the research according to the requirements of the target journal
- Supporting submission procedures and follow-up with peer-reviewed journals (Arabic/English)



Our Services

In the Administrative and Organizational Field

1

Organizational Structure and Management Development

- Designing the Optimal Organizational Structure for Companies and Institutions
- Restructuring departments to achieve efficiency and effectiveness
- Establishing clear administrative policies and procedures





2

Human Resource Management

- Developing recruitment strategies and talent retention
- Designing performance evaluation and incentive systems
- Preparing employee training and development programs
- Enhancing employee and managerial performance through the design and implementation of programs aimed at:
 - Enhancing job satisfaction
 - Building organizational commitment
 - Providing emotional release sessions for employees, managers, and decision-makers to help reduce burnout



3

Strategic Planning and Performance Management

- Preparing comprehensive strategic plans for institutions and companies
- Defining and monitoring Key Performance Indicators (KPIs)
- Analyzing performance and enhancing operational efficiency

4

Analyzing performance and improving operational efficiency

- Supporting change management processes within organizations
- Building an organizational culture that fosters innovation and development
- Managing resistance to change and facilitating its adoption



5

Project Management and Process Improvement

- Planning, executing, and monitoring projects efficiently
- Analyzing operational processes and proposing improvements
- Establishing clear administrative policies and procedures



Our Services

In the Research and Development Field for the Social and Humanitarian Sector

We provide complex, multidisciplinary research and development solutions based on social and human sciences to understand challenges and formulate practical, sustainable solutions. Our areas of work include the following:

Public Policy Research and Social Planning

- Analyzing policies and their social and economic impacts
- Providing development recommendations for decision-makers based on qualitative and quantitative data

Researching Issues in Education and Learning

- Developing modern educational curricula based on community and labor market needs
- Studies on the effectiveness of learning environments digital learning, and educational transformation

Community and Cultural Development

- Research on Identity, Values, and Social Cohesion
- Designing development initiatives that enhance community participation and local culture



Labor and Organizational Development Research

- Studies on Work Environment, Leadership Job Satisfaction, and Professional Empowerment
- Developing models for organizational change and improving institutional performance

Research on Mental and Social Health Issues

- Analyzing social and psychological phenomena such as anxiety, depression, and domestic violence
- Designing community intervention programs and awareness campaigns based on the cultural context and real needs

Gender Research and Empowerment of Marginalized Groups

- Studies on Social and Gender Disparities in Opportunities and Empowerment
- Developing initiatives that support social justice and equality



Discourse and Public Opinion Analysis

- Using content and discourse analysis tools to monitor social and cultural trends
- Studies on Engagement with Public Issues in Media and Social Networks

Designing and Evaluating Social Programs and Projects

- Developing scientific evaluation frameworks for programs and development initiatives
- Collecting field data and conducting impact analysis to ensure project effectiveness and sustainability

Digital Transformation in Society

- Studies on the Impact of Technology and Artificial Intelligence on Values, Relationships, and Work
- Developing responsible digital policies that consider the human and cultural dimensions



Sectors of Work

Education: Schools, universities, and educational authorities.

Government Sector: Ministries, public agencies

and national initiatives.

Health and Social Sector: Psychological and social centers.

Private Sector: Institutions and companies seeking administrative or research development.

Civil Society: Associations and volunteer initiatives.



● **Previous Work / Portfolio**

Mokhtas for Consulting and Research is proud of its distinguished record of fruitful collaboration with a select group of government institutions and specialized centers in the State of Qatar. This collaboration has included providing strategic consultations and implementing specialized training and research programs, contributing to the development of institutional capacities and enhancing the quality of services in the psychological, social, educational, and security sectors.

Below are the most prominent partnerships and implemented projects:

Supreme Judiciary Council

Mokhtas provided specialized consultations in the field of professional performance development for psychologists and social workers serving in the courts. This included designing development programs aimed at enhancing their competence in handling family and social cases, as well as strengthening communication skills and psychological and social case analysis abilities.



Qatar University

Mokhtas for Consulting and Research collaborated with Qatar University on joint research projects addressing psychological, social, and educational issues relevant to Qatari society. The collaboration also involved training students and researchers in scientific research skills, methodological design, and statistical analysis through workshops and practical applications aimed at building their research capabilities and enhancing the quality of academic output at the university.

Doha Institute for Graduate Studies

Mokhtas provided academic and research support to Master's students in the fields of Social Work and Psychology at the Doha Institute for Graduate Studies. This included research supervision, methodological consultations, and support in the stages of analysis and scientific writing. Additionally, Mukhtas contributed to the production of applied research in partnership with the institute's faculty, addressing societal challenges within the Qatari and Arab context.



Behavioral Health Support Center

Mokhtas contributed by providing professional statistical analysis services for studies and research in the social and humanitarian fields, adhering to the highest scientific quality standards. These analyses helped support decision-makers with accurate data and evidence-based insights.

Ministry of Education and Higher Education

Mokhtas provided training and awareness programs for educational staff and parents, covering topics such as child-rearing, behavior modification, building balanced personalities, and enhancing family cohesion within the school environment. These programs had a positive impact on improving educational practices in schools.



Ministry of Interior

Mokhtas implemented a series of advanced training programs for personnel in the police sector, focusing on developing effective communication, negotiation and persuasion skills, and managing emotions during incident and crisis handling. This contributed to enhancing the professional competence of field personnel.

Tamkeen (Ihsan) Center

Mokhtas implemented specialized training programs for senior citizens under the theme “Investing Experiences and Capabilities,” focusing on empowering them to utilize their life and professional experiences in serving the community and enhancing positivity and quality of life during retirement.



Friends of Mental Health Association (Wayak)

Mokhtas participated in designing and implementing specialized training programs in the psychological and social fields, targeting professionals and workers in mental health. The programs aimed to enhance professional competence and promote psychological awareness in the community.

First Step Family Sports Center

Mokhtas provided innovative educational and awareness programs for families, combining interactive activities and guidance lectures to promote mental health concepts, family balance, and encourage positive dialogue within the household.



Competitive Advantages

- A team of experts specialized in psychology, education management, and scientific research
- A unique integration of academic and practical aspects in every project
- Qatari expertise that understands the local context and translates international standards accordingly
- Flexible and prompt service tailored to the needs of each client
- An integrated data analysis and field research system for delivering precise decisions

Our Team

- The Mukhtas team consists of consultants and researchers with academic and field expertise, united by a passion for research, development, and innovation.
- Each team member contributes their expertise in problem analysis, solution generation, and designing initiatives that create a real impact in institutions and communities.



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